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Father Retreat

You can change your relationship with every man in your life...quickly.

Interesting possibility, isn't it, that you can change connections with men in 4 days? Sounds like a miracle doesn't it? It's true because who changes is you ~ from the very center of your life. Join us for the Father Retreat.

You'll examine and free yourself of the compensations and bending away from your authentic self you thought you had to affect to be your father's daughter. How your regard men was formed from your relationship with your Dad. You looked at how your father interacted then generalized from him how to be successful with a man. But you were just a little girl and some of what you saw was impossible to understand. You have some crossed wires and places to heal to be able to be your full, lively, loving and authentic self.

What works about how you relate to men needs to be honored but there are deep and profound parts of yourself keeping you from having what you want. They are buried in expectations, experiences and hurt places we each harbor and react to when life looks like an earlier, painful situation. The Father Retreat will give you the opportunity, in a safe and guided space, to go back and release parts that don't support you and heal that first relationship you had with a man ~ your Daddy.

This is a deep and powerful clearing for every woman and may be what is between you and your full expression and love for a man. It impacts how you hold other men in your life ~ brothers, bosses, colleagues, friends, anyone you perceive behaves like your father.

The Father Retreat happens Friday morning through Monday afternoon at the beautiful Stony Point Conference and Retreat Center, 30 miles north of the George Washington Bridge, just off the Palisades Parkway, at 17 Cricketown Road, Stony Point, NY 10980. Retreats are the focus of Stony Point's contribution to the world, providing retreatants with an opportunity to step back from the world and emerge renewed. Our retreats feature great food, a time to rest and renew, movies that inspire and the opportunity to meet great women. You'll return invigorated, optimistic and confident that life is moving in your direction.

All rooms are doubles, although singles are available for a fee, and you get a key to your room. Stony Point grows a great deal of their own food on the property and offers choices so the vegans, vegetarians and fish and chicken eaters can all be happy. The facility has a bookstore and fair trade store and requires quiet from 11pm to 7am. It is easy to get to by car or train and is in a beautiful, pastoral setting, complete with meditation building, garden walks and labyrinth. The fee for the 4 day, 3 night, 10 meal course and all material is \$1400. So reserve now. Send your full fee or deposit of \$500 and feel lighter, freer, more relaxed, loving and loveable. Balances are due one month before the retreat begins.

The Father Retreat is like no other course we offer. Generations of women modeled after their fathers' lives, as feminism formed a major tent pole in our lives offering us the opportunity to emulate their careers. The relationship with our fathers is the backbone of our relationships with men ~ expectations, fears, pits we fall into, and how we give and receive love. Until we deeply examine this most important relationship we always live in the shadow of it. And as far as we know there is only one place that does this deep, liberating and life-shifting work ~ Life Works.